



ATLANTIS CENTERS  
EDUCATION HEALING RESOURCES

INTEGRATIVE WELLNESS CENTER EVENTS

# ENVIRONMENTAL MEDICINE



**A**tlantis Centers is excited to announce a fully-integrated approach to wellness. Join us for a 1 hour lecture on different integrative health modalities geared towards chronic diseases including cancer, as well as learning disabilities for both children and adults. The lecture will be followed by 4 different consultations with our team members in the fields of psychology, environmental medicine, sleep medicine, homeopathy and nutrition. Then, enjoy your experience over a gluten-free and dairy-free lunch. Our certified practitioners work together to create a unified program for individuals based on their own unique needs and goals.

**PSYCHOLOGY:** Learn how to integrate Quantum medicine and psychology into our scientific work habits and attitudes when measuring the emotional and intellectual skills and progress of humans based on holistic psychology scientists' work. Understand how new alternative psychology tools can provide an integrated psychological assessment.

**SLEEP MEDICINE:** Learn about sleep and its impact on chronic diseases such as diabetes, hypertension, depression, stroke, heart attacks, and sexual dysfunction, as well as, insomnia and its impact on daily life activities and overall health. Classes will cover non chemical, natural approaches to treatment including Homeopathy, biofeedback, hypnosis and other natural remedies.

**HOMEOPATHY:** A natural form of medicine that stimulates and strengthens the body's natural ability to heal to get you back to a balanced healthy state; recognized by law in the U.S. as an authentic, independent system of healing. Founded by Dr. Samuel Hahnemann in the late 1700's in Germany, he was unhappy with the barbaric and ineffective treatments of his time. This motivated him to find a more humane and effective form of medicine, addressing the root of the issue. Most conventional medicine and other over the counter products relieve symptoms while taking the product, until you stop, then symptoms usually return until the product is repeated. Homeopathic medicines are designed to stimulate and strengthen the body's natural ability to heal, so once you experience relief of your symptoms, you

can stop taking the medicine because the root of the issue has been resolved.

**NUTRITION:** Nutrition is a cornerstone of integrative health. A personalized dietary prescription is a highly powerful tool for restoring and optimizing health. Our approach is highly individualized and reflects the health complexity and goals of each individual patient, as well as their food preferences, culture, and cooking skills.

**ENVIRONMENTAL MEDICINE:** Integrating environmental medicine in evaluating individuals with illnesses such as environmental and occupational cancers, mental health and chronic diseases, environmental connections to genetic and mental illnesses, Fibromyalgia, sick building syndrome and other chemical sensitivities. The environmental workshop on environmental health topics is designed for health professionals practicum training and it satisfies the Practicum Requirement in your related environmental medical program. These workshops will also be eligible for CEUs. The students will have the hands-on training under the supervision of our qualified team of certified nutritionist, homeopath doctor, energy healer, and medical doctors.

**MOVEMENT & YOGA:** Learning how to relax and lessen our stress takes practice. Through mindfulness, movement and technique that helps us to tap in our natural healing resources, we will begin to heal ourselves and better understand our own unique connection to our mind, body and breath.

Every Saturday  
Year Round Workshop

12PM-2PM

\*except major holidays



**Dr. Hanan  
Ayoub-Fadil,**  
MD, MPH, IMD

- Environmental, toxicology and industrial pathologist, with over 15 years of experience in the medical field
- Master of Public Health in Environmental and Occupational Health, including clinical pathology training in Toxicology and Industrial Pathology at University of Texas School of Public Health.
- Doctorate (PhD) in integrative medicine from the Quantum University of Honolulu, Hawaii.
- International and American Montessori education and leadership training in New York.
- Founder of Atlantis Centers, Inc. (ACI) and Atlantis Healthcare Group Learning and Wellness Center Program in Middletown, NJ.
- Her work supports the natural way of recovery for children and adults suffering from learning disabilities and other broad-spectrum environmental diseases.

## How to Enroll

To register for an upcoming event, please visit [atlantiscenters.com](http://atlantiscenters.com) or contact our office @ 908-636-3263

*Includes Gluten-Free and Dairy-Free Lunch*